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United States Dressage Federation Introduction to Dressage Test C



USDF

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1. **A** Enter working trot rising. **X** Halt through medium walk. Salute - Proceed working trot rising.

2. **C** Track right working trot rising.

3. **B** Circle right 20 meters

4. **A** Circle right 20 meters developing working canter in first quarter of the circle, right lead. **Before A** Working trot rising.

5. **Transition in & out of canter**

6. **K-X-M** Change rein, working trot rising.

7. **E** Circle left 20 meters.

8. **A** Circle left 20 meters developing working canter in first quarter of the circle, left lead. **Before A** Working trot rising.

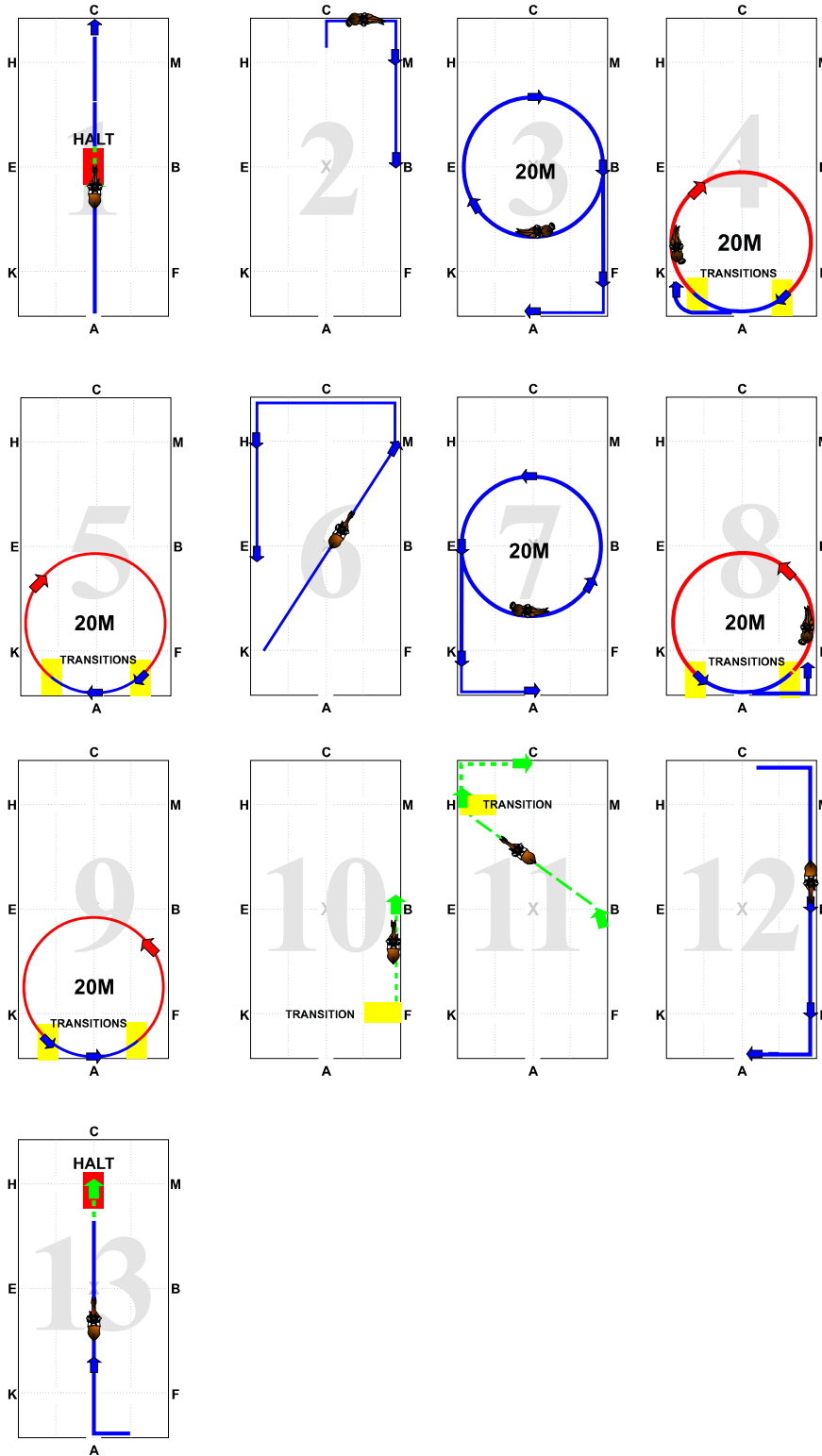
9. **Transition in & out of canter.**

10. **Between F & B** Medium walk.

11. **B-H** Free walk. **H** Medium walk.

12. **Between C & M** Working trot rising to **A**.

13. **A** Down centerline. **G** Halt through medium walk. Salute.



**Leave Arena at free walk.
Exit at A.**

USDF INTRODUCTORY LEVEL — TEST C

2011 *(Walk—Trot—Canter)*

REQUIREMENTS:

Free walk
 Medium walk
 Working trot rising
 Working canter
 20 meter circle
 Halt through walk

PURPOSE: To introduce the rider and/or horse to the sport of dressage. To show understanding of riding the horse forward with a steady tempo into an elastic contact with independent, steady hands and a correctly balanced seat. To show proper geometry of figures in the arena with correct bend (corners and circles).

NO.

	TEST	DIRECTIVE IDEAS	POINTS	COEFFICIENT	TOTAL	REMARKS
1.	A X	Enter working trot rising. Halt through medium walk. Salute - Proceed working trot rising.				
2.	C	Track right working trot rising.				
3.	B	Circle right 20 meters.				
4.	A Before A	Circle right 20 meters developing working canter in first quarter of the circle, right lead. Working trot rising.				
5.	Transition in & out of canter					
6.	K-X-M	Change rein, working trot rising.				
7.	E	Circle left 20 meters.				
8.	A Before A	Circle left 20 meters developing working canter in first quarter of the circle, left lead. Working trot rising.				
9.	Transition in & out of canter					
10.	Between F & B	Medium walk.				
11.	B-H H	Free walk. Medium walk.				
12.	Between C & M	Working trot rising to A.				
13.	A G	Down centerline. Halt through medium walk. Salute.				

Leave arena in free walk. Exit at A.

COLLECTIVE MARKS:

Gaits (freedom and regularity).					
Impulsion (desire to move forward with suppleness of the back and steady tempo).					
Submission (acceptance of steady contact attention and confidence).			2		
Rider's position (keeping in balance with horse).					
Rider's effectiveness of aids (correct bend and preparation of transitions).					
Geometry and accuracy (correct size and shape of circles and turns).					

FURTHER REMARKS:

200

SUBTOTAL _____
ERRORS (- _____)
TOTAL POINTS _____

2011

INTRODUCTORY LEVEL — TEST C

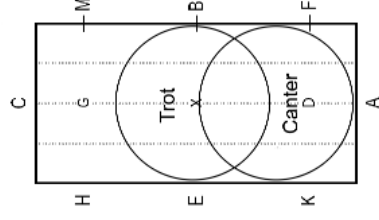
Walk—Trot—Canter

USDF
Introductory
Level Test

C

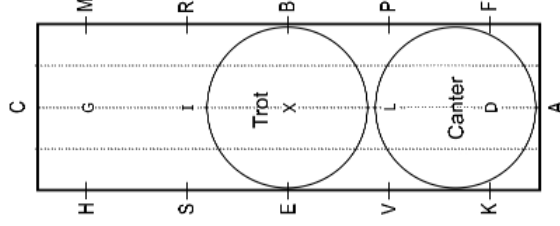
SMALL ARENA (20 meters x 40 meters)

movement 3, 4, 7, 8



LARGE ARENA (20 meters x 60 meters)

movement 3, 4, 7, 8



Heavy lines show the pattern to be ridden. Thinner, dashed lines should not be ridden and are pictured only to show the size and shape of arcs in the figures.

This unique series of tests provides an opportunity for the horse and/or rider new to dressage to demonstrate elementary skills. The tests have been designed to encourage correct performance and to prepare the horse for the transition to the USEF tests.

SUGGESTED SCHEDULING TIME

6:00 Standard Arena
5:00 Small Arena
(Possibly longer for schooling shows)

Name of Competition

Date of Competition

Number and Name of Horse

Name of Rider

MAXIMUM POSSIBLE POINTS: 200

FINAL SCORE

Points _____ Percent _____

Name of Judge

Signature of Judge

Instruction:

- All trot work to be ridden rising. Transitions from trot to canter and canter to trot may be performed through sitting trot with the objective of performing a smooth transition.
- Turns from center line to long side and long side to center line should be ridden as a half circle, touching the track at a point midway between the center line and the corner, and vice versa.

Comment:

Horses should be ridden on a light but steady contact, with the exception of the free walk in which the horse is allowed complete freedom to stretch neck forward and downward.

